

Eye of the Beholder Quilt Design

original hand and machine applique patterns inspired by the world around us

2324 Carriage Drive, Milliken, CO. 80543

info@eobquilt.com – (970) 330-6164

Reverse Applique is FUN: *Sweetheart Sorbet*

Teacher: Margaret Brewster Willingham, *Eye of the Beholder Quilt Designs*

When: **The Applique Society, August 27, 2022, 9:00 am – 3:30 pm (CT)**



Learn how fun and easy reverse needle-turn appliqué by hand can be while you create ***Sweetheart Sorbet, Medallion XII*** (26" x 26") put out by *Eye of the Beholder Quilt Designs*, and see the beautiful drama that's created with two contrasting fabrics. You'll learn our signature Trace, Baste, Snip & Stitch method that turns hand reverse appliqué into a labor of love. The process I use gives you great control over your piece, allowing you to have sharp points, crisp corners and graceful circles. You will love the results you get as you create your own beautiful hand-stitched medallion, and you don't get hung up on the pins. I will lead you step by step through the process, start to finish, empowering you to do reverse needle-turn appliqué by hand, do it like a pro and enjoy it! Layering and finishing will not be part of the scope of this class, but will be discussed.

Take note: The focus of this workshop is reverse appliqué. To that end we will be making the reverse appliqué (two-color/ two-fabric version) of ***Sweetheart Sorbet***. The pattern includes directions for a reverse appliqué with appliqué (multiple fabrics) version, but that is not what we will be making together.

Required: ***Sweetheart Sorbet, Medallion XII pattern*** - \$20.00 print/ \$15.00 digital available at www.eobquilt.com .

Sweetheart Sorbet pattern by *Eye of the Beholder* makes a 26" x 26" medallion. Pattern includes full-sized pattern piece and step by step directions. The remaining fabrics to finish the medallion are listed in the pattern.



BRING TO CLASS: (Supply List)*

Batiks are strongly recommended. Pre-wash and iron fabrics before first class.

Sweetheart Sorbet, Medallion XII pattern

1 yard, light batik for background (light pink in picture)

1 yard, medium – dark batik for top (Blue in picture)

No. 7 Sharps needle for basting*

No. 11 Milliners needle for appliqué*

1 spool of 28 wt. Button or hand quilting thread for basting* (CONTRASTING COLOR to Dark top batik)

1 Spool of 50, 60, 80 wt. or silk thread for stitching (SAME COLOR as Dark top batik)

1 pair small, sharp scissors*(our Kai 4" slightly blunt tipped bent-handled scissors strongly recommended)

25 – 30 safety pins for pin basting, or straight pins

Mechanical pencil or Frixion gel pen* for tracing pattern onto wrong side of light background batik

Helpful items: Light box (to trace design onto wrong side of light background fabric); Needle threader for small-eyed needle*



*We recommend these helpful items available from www.eobquilt.com: Kai 4" slightly blunted bent-handled scissors; No.7 Sharps Needles; No.11 Milliner's Needles; Basting Thread;(Or try one of our convenient *Hand Accessory Kits*); Desk Needle Threader; Frixion gel pens.

www.eobquilt.com

https://www.facebook.com/pages/Eye-of-the-Beholder-Quilt-Design/404428092950878?ref=br_tf

<https://twitter.com/eobquilt>

<http://www.pinterest.com/eobquilt/>

<http://instagram.com/eobquilt/>

Eye of the Beholder Quilt Design

original hand and machine applique patterns inspired by the world around us

2324 Carriage Drive, Milliken, CO. 80543
info@eobquiltdesign.com – (970) 330-6164

*Prep for Reverse Applique is FUN: *Sweetheart Sorbet* Workshop:

Please be aware that if you are used to doing appliqué, my use of background fabric may “mess with your head”.

In appliqué you sew little design shapes, your top fabrics, onto the background fabric, but most of what you see is the background fabric.

In reverse appliqué, the design is made by the background fabric peeking out through design cut-outs in the top fabric that are sewed to the background fabric, but most of what you see is the top fabric. If you follow the steps and trust the process, it will all work out.

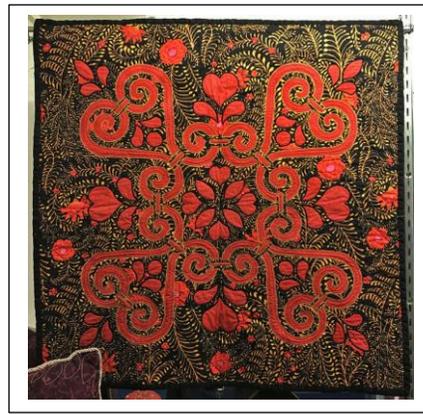
For example, in our *Sweetheart Sorbet* the *Blue batik* is the top fabric that is reverse appliquéd onto the *pale pink background fabric*. You do not need to choose the same colors as we did, but use this information as a guide in selecting your own color palette. A strong color or value contrast gives the best results.



1. **Purchase pattern as print or PDF prior to class.**
2. **Read** through the whole pattern imagining yourself making the pattern.
3. Then read again completing the sections *Hand Reverse Appliqué with Appliqué*, **Pattern Marking 1, 2, and 3.** (Remember, we are making this completely as reverse appliqué in two fabrics, so you will treat all shapes, **black** and **cross-hatch/appliqué** as **black** shapes. **Black** shapes = reverse appliqué.)
4. Trace pattern onto wrong side of light background batik using a pencil, Friction gel pen or your favorite marking implement.
5. Before unpinning background fabric from pattern, take the piece off of the lightbox and carefully go over it to make sure you have traced all aspects of the design.

Please come to class with:

- Cut 1 – 30” x 30” square, Light batik, Background fabric square with entire *Sweetheart Sorbet* pattern traced onto the wrong side.
- Cut 1 – 30” x 30” square, Dark batik, Top fabric
- Bring to class all supplies on the supply list



www.eobquiltdesign.com

https://www.facebook.com/pages/Eye-of-the-Beholder-Quilt-Design/404428092950878?ref=br_tf

<https://twitter.com/eobquilt>

<http://www.pinterest.com/eobquiltdesign/>

<http://instagram.com/eobquiltdesigns/>



2324 Carriage Drive, Milliken, CO. 80543

info@eobquiltedesign.com – (970) 330-6164

Be ready for success!

The items on the supply list are specific for a reason. They work. They are the tools I use every day in my work and will help you be successful. In a Virtual class there will not be a product table set up in the classroom for you to purchase items when / if you find your tools are not working. I would hate for you to be frustrated and discouraged because of the wrong tools. Please be sure to order everything you need from the website or your local shop so you are properly prepared. Having the right tools will make all the difference in the world for your pleasure and success. I want you to have the best possible experience in my class.

WHY THE TOOLS ARE IMPORTANT!

Batiks are the requested fabric for our projects, though top quality hand dyes work well, too, particularly for hand work. The reason is they have a high thread count (220). The high thread count produces a tight weave which will give you a nice “hole” when you baste with the No. 7 Sharps needle and 28 wt. basting thread (see below), and minimizes the fraying as you cut and hand stitch. Occasionally I’ve run into a “hard” batik, but not too often. Batiks and hand-dyes are also beautifully colored fabrics, rich in color and design, generally irrelevant which is the right side. I recommend pre-washing fabric before beginning your project. The experienced stitcher may choose silks and other beautiful, challenging fabrics to create with.

For Hand Work All items are available in the Notions section of our shop.

No. 7 Sharps Needles (20 needles): Our No. 7 Sharps are John James needles that we use for basting in our trace, baste, snip & stitch process for hand reverse applique. They are a thick needle that leave a big “hole” in the fabric because they separate the fibers of the fabric. We use this hole to see the sewing line as we remove the basting thread and replace it with the stitching line.

28 wt. Hand cotton quilting/ basting thread: When basting we want a thick thread to baste with as it helps to make and keep that hole begun by the no. 7 Sharps needle in our trace, baste, snip & stitch process for hand reverse applique. If you can’t see the holes, you won’t be able to stitch your design accurately. You want your thread in a contrast color to your top fabric. We now have natural, white and red in stock.

-No. 11 Milliner’s Needles: These are our preferred type of hand stitching needles for hand reverse applique. They are similar to, but stronger than a straw needle, so don’t easily bend. All the Milliner needles we sell are coated so they glide through the batiks easily, and are honed well so they have no burrs on them. The coating also cuts down on hand/ wrist fatigue. Recommended Needles are John James Gold n’ Glide, John James Signature, and Colonial Needle brand. My preference has been the John James gold n’ glides, but they have been impossible to get since covid, so have discovered the John James Signature Needles and Colonial Needle Milliner’s.

Kai 4” bent-handled slightly blunt-tipped scissors: An Eye of the Beholder EXCLUSIVE. The bent-handled shape makes them the ideal scissor for trimming out your fabric to create your seam allowance- the blade and fabric can lay flat on the table or in one hand while the other hand cuts. Because the fabric is flat it minimizes boo-boos. The slightly blunted tip gives you enough tip to cut deep into your corners, yet the blunted tip glides along the fabric and doesn’t catch on the background fabric when you are between your top and background fabric which also minimizes boo-boos. These scissors open and close easily which cuts down on hand/ wrist fatigue, and the vanadium steel holds its edge. These are my go to scissors beyond reverse applique, too.

Hand Accessory Kits 2 convenient start-up kits for hand reverse applique

- **Hand Accessory Kit 1. Cost = \$28.06:** 1 – pack No. 7 Sharps needles for basting; 1 – pack No. 11 Milliner’s needle for hand reverse appliqué; 1 spool natural color 28 wt. cotton thread for basting; Kai 4” bent-handled, slightly blunt-tipped scissors for hand work.
- **Hand Accessory Kit 2. Cost = \$21.00:** 1 – No. 7 Sharps needles for basting; 1 – No. 11 Milliner’s needle for hand reverse appliqué; 1 spool natural color 28 wt. cotton thread for basting; Kai 4” bent-handled, slightly blunt-tipped scissors for hand work.

Kai 4” straight blade slightly blunt-tipped scissors: An Eye of the Beholder EXCLUSIVE. I use these scissors to clip my points and curves after trimming out. The slightly blunted tip gives you enough tip to cut deep into your corners, yet the blunted tip doesn’t catch on the background fabric when you are between your top and background fabric which minimizes boo-boos. These scissors open and close easily which cuts down on hand/ wrist fatigue, and the vanadium steel holds its edge. The straight shape helps to make my clips perpendicular to the basting line.

Desktop Needle Threader: I wouldn't be sewing without it, since I can't see well enough to thread the tiny eyes of my No. 11 Milliner's needles. In the blink of an eye my needles are threaded and I'm back to sewing.

Beam N' Read Personal Light and USB/AC Adaptor (items sold separately): I use my Beam N' Read light every single day. The elastic neck strap adjusts for easy on/ off over my head and to situate the light once on. Flip up the hood and I have 6-LED lights shining on my project in the same direction as I'm looking at it without any shadows. It's lightweight, too, even with its 4-AA batteries powering it. Or I can save my batteries by plugging in with the USB/AC adaptor to an outlet or a USB port. Battery operated, it's great at the long arm, for when the power goes out or for reading in bed, too.

Frixion Gel Pens: in Black or Blue these make tracing the pattern onto the wrong side of my background fabric a breeze. I would never mark the front of my quilt with these pens as they weren't designed for fabric, but the wrong side of my background fabric will be hidden away inside my quilt when the piece is all done.

Magic Thread: Run your hand sewing threads through your pot of Magic thread before threading your needle and see how easily your thread glides through your fabric as you stitch. Magic Thread reduces static and moisturizes the thread so it tangles and knots less.

Other helpful products:

Pin Pals: I use my Pin Pal to hold my Kai scissors, wearing them on my left shoulder. The Pin Pal stays in place by 2 magnets-one in front and one in the back. Of course you can also use it to keep your pins handy.

Perfect Piecing Foundation Sheets: These are fabulous for paper-piecing as they are the weight of a lightweight interfacing. You can run them through your printer to print your foundation patterns on them. You can easily see through them for positioning your pieces, and when you are all done you can leave them in your block for added stability.

Roxanne's basting glue: A must have product for holding the sashing strips in place when doing our quilt-as-you-go class. Also helpful for a fast method of doing bindings...temporarily glue first and then machine sew close to the seam. Heat helps fix it, and then it washes out when you are all done.

Quilt-As-You-Go Handbook: Explains the steps of Pauline Rogers' Quilt-As-You-Go method with all her experiential tips. She gives ideas for quilting and goes beyond the basics of quilting as you go, covering other uses for the sashers for making bias, trim and bindings. Handbook includes pages for making your own personal notes.

Sasher Collection – large set: Make an assortment of sizes of sashings from 1/8" – 2 1/2" quickly for using in our Quilt-as-You-Go classes without burning your fingers. 10 different sasher sizes: 1/8", 1/4", 1/2", 3/4", 1", 1 1/8", 1 1/4", 1 1/2", 2", and 2 1/2". Can also be used for making bias, bindings and trims.

