

Mola Flower with Back Basting Appliqué

Instructor: Barb Eikmeier

Skill level: Confident Beginner and up

Block Size: approx. 8" x 10" With borders: approx. 12" x 14"

In this three hour class students will begin work on a small mola project while using the back basting technique.

As in traditional South American Molas, the class project will be stitched in solid fabrics using a combination of reverse appliqué, layered appliqué, and embroidered accents. With all their radiating layers of colors, they can become thick and difficult to baste by hand - learn how Barb uses the sewing machine to accomplish the basting step. Students will machine baste then begin hand appliquéing radiating layers of color, echoing a simple flower motif. Class includes a showing of authentic molas.

Materials list:

Solid Fabrics: Please cut all fabrics prior to the start of class

Black: 5" x WOF. Cut (1) 5" x 5" square, then cut (2) 2 ½" x WOF strips for borders

Orange: (1) 10" x 11"

Burgundy: (1) 10" x 11"

Dark Green: (1) 10" x 11"

Yellow: (1) 5" x 5" square

Lime green, Turquoise, and Pink (or colors of your choosing): 3 ½" x 3 ½" square of each
5 or 6 colors you love for the "slashes": 3" x 4" rectangle of ea.

Applique thread to match all fabrics except the following: Dark Green and the "slashes" colors.

Supplies:

Sewing machine - if you are comfortable with free motion stitching, bring your darning foot.

Neutral colored thread for the sewing machine

Small sharp scissors

Appliqué needles – I use a #10 or #11 straw needle, bring whatever you like

Embroidery needle – size 7 or 8

Straight pins

Seam ripper

Fine point permanent marker in black or blue (Micron Pigma .05 is perfect)

Light box or window for tracing

If you own an authentic mola, you are invited to bring it for show and tell.

Prior to the class trace the pattern onto the dark green 10" x 11" rectangle using the Micron Pigma pen. For the slashes, trace the straight lines only. The pattern is already reversed for you.

